# DO WE HAVE INSTRUMENTS TO MEASURE SOCIAL CAPITAL AND TRUST GENERATED BY ONLINE CONNECTIONS? AN ANSWER FROM A SCOPING REVIEW

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### ABSTRACT

During the COVID-19 pandemic, social distancing guidelines have limited in-person social interactions. As a result of these social restrictions, online interactions and social media have become the predominant means of communication and social connection. This transformation in social interaction may have implications for social capital, the component of social structure which includes levels of interpersonal trust, reciprocity, and mutual support that serve as resources for individuals. The present scoping review aims to examine the existing instruments that measure social capital and/or trust generated by online interactions. 28 search combinations were used across three databases - PubMed, ERIC, PsychINFO, and Google Scholar. The searches yielded 4,923 published articles, with a final sample of 12 articles meeting the inclusion criteria. The primary findings of the scoping review indicate that measurements of online social capital are scarce; most papers which fit the inclusion criteria do not offer ample assessments of existing methods to measure online social capital. Overall, the findings of this literature scoping review indicate the urgent need for the development and evaluation of comprehensive online social capital assessment tools.

### INTRODUCTION

Social determinants refer to conditions that affect life and health in the context of the environments where people live and work. Encompassing the five categories of economic stability, education, health and health care, neighborhood and built environment, and social and community context (Office of Disease Prevention and Health Promotion, n.d.), social determinants have been extensively discussed in the scientific literature (Hasanathan et al., 2009; Marmot 2015; Marmot 2017). Among the social determinants of health, social capital is considered a "cross-cutting" social determinant, affecting numerous dimensions of wellbeing (WHO, 2010). While issues related to social capital have been presented to the scientific health agenda for over two decades, there remains general disagreement regarding its definition and applications (Kawachi et al., 1997; Berkman & Kawachi, 2000). The Functional-Community and Sociological approaches are among the various frameworks used to differentiate social capital domains, and applications in diverse disciplines. The former refers to social capital as the features of social structure (i.e., levels of interpersonal trust and norms of reciprocity) that may facilitate collective action (Putnam, 1993). Through this approach, social capital is conceptualized as an extension of social relationships that serve as beneficial resources for individuals. According to this model, the erosion of social capital within a population may increase social iniquities in ways that adversely affect people's health. Indeed, the existing literature demonstrates that countries which underinvest in social networks report weak social cohesion and poorer health outcomes as a result (Pellegrini-Filho et al., 2008). In contrast, the Sociological approach refers to social capital as the resources that flow and emerge through social networks (Bourdieu, 1986; Coleman, 1988). In this context, social networks may determine people's behaviors and attitudes by conditioning the exchange of resources that determine constraints on behavior and access to opportunities (e.g., employment, education, and healthcare). This can in turn impact individuals' health outcomes (Berkman & Glass, 2000).

Acknowledging the existing variations between concepts, the present study attempts to reconcile these discrepancies by defining social capital through Rostila's (2010) interpretation. According to Rostila, social capital "comprises social resources that evolve in accessible social networks and social structures characterized by mutual trust. These social resources, in turn, facilitate access to various instrumental and expressive returns, which might benefit both the individual and the collective." This definition may serve to resolve the contradictions between the individual and collective facets of social capital, providing a more comprehensive definition of the concept.

Currently, researchers disagree on the appropriate instruments to measure and quantify social capital. However, there is a consensus that measures should be adopted according to the approach or type of social capital under investigation. Empirical measurements of social capital often include various combinations of structured general questionnaires (Grootaert et al., 2004; Campos et al., 2015) as well as scales designed for specific populations (e.g., those of particular occupations or neighborhoods) (Kouvonen et al., 2006; Paiva et al., 2014; Nino et al., 2014; Mohnen et al., 2013). Additionally, state and county level indices are often included in current research methodologies, providing demographic context to analyses of social capital and its proxy variables (US Congress, 2018). However, most instruments published in the literature have been developed without distinguishing between in-person and online connections. As the COVID-19 pandemic has significantly impacted populations across the globe, government mandates have prevented physical contact, enforcing "social distancing" for consecutive months (Johns Hopkins, 2021). Since March of 2020, many around the world have relied on online interactions for social connection. As social and community context is a critical social determinant of health, this present scoping review aims to investigate the current existing instruments (questionnaires, surveys, scales) to measure social capital AND/OR cohesion AND/OR trust generated exclusively by online interactions among people.

### DATA AND METHODS

This present scoping review aimed to answer the following research question: What are the current existing instruments (questionnaires, surveys, scales) to measure **social capital AND/OR social cohesion AND/OR trust** generated by online interactions among people? The method of scoping review was chosen to provide a preliminary assessment of the potential size and scope of available research literature in a transparent and replicable way (Grant and Booth, 2009). Our Scoping Methodology and review protocol followed the guidelines proposed by Munn et al. (2018).

#### **Review Protocol**

#### Search Strategy

Three databases were used in the present scoping review to conduct the searches for potential papers: 1) PubMed - National Library of Medicine/ National Center for Biotechnology Information; 2) PsycINFO -American Psychological Association, 3) ERIC - Education Resources Information Center, Institute of Education Sciences of the United States Department of Education, and 4) Google Scholar. The searches were conducted independently by three researchers during the months of November and December of 2020, and further reviewed in September 2021. The unit of our scoping review analysis was published, peer-reviewed articles that met the inclusion criteria. Our searches included 28 different combinations of the following keywords: Social, Capital, Cohesion, Trust, Online, Digital, questionnaire, survey, measure, instrument, method found as a "word text' (TABLE 1). The term "remote" was initially added to the search, however results conflated "remote" with "rural" and thus generated results that were not related to "digital" or "online." We conducted an additional search on the Google Scholar database to retrieve articles from journals not indexed in the three major databases used for this review.

### Inclusion and Exclusion criteria

The inclusion criteria were a) Year of publication – papers published from 1990 until Dec 1<sup>st</sup> of 2021 (1990 was chosen as the earliest year of publication because the internet became publicly available in 1991); b) All study designs including qualitative and quantitative (cross-sectional, ecological, case-control, cohort, randomized control trials, and community control trials; and c) studies that investigated the topic of

interest among adult populations. The exclusion criteria were a) studies that were reviews or summary studies; c) studies that investigated the topic of interest among children and/or adolescents; and d) articles with unavailable abstracts.

Descriptor	Boolean	Descriptor	Boolean	Descriptor	Boolean	Descriptor
Social	AND	Capital	AND	online	AND	questionnaire
Social	AND	Capital	AND	online	AND	survey*
Social	AND	Capital	AND	online	AND	measure*
Social	AND	Capital	AND	online	AND	instrument*
Social	AND	Capital	AND	online	AND	method*
Social	AND	Cohesion	AND	online	AND	questionnaire
Social	AND	Cohesion	AND	online	AND	survey*
Social	AND	Cohesion	AND	online	AND	measure*
Social	AND	Cohesion	AND	online	AND	instrument*
Social	AND	Cohesion	AND	online	AND	method*
Social	AND	Trust	AND	online	AND	questionnaire
Social	AND	Trust	AND	online	AND	survey*
Social	AND	Trust	AND	online	AND	measure*
Social	AND	Trust	AND	online	AND	instrument*
Social	AND	Trust	AND	online	AND	method*
Social	AND	Capital	AND	digital	AND	questionnaire
Social	AND	Capital	AND	digital	AND	survey*
Social	AND	Capital	AND	digital	AND	measure*
Social	AND	Capital	AND	digital	AND	instrument*
Social	AND	Capital	AND	digital	AND	method*
Social	AND	Cohesion	AND	digital	AND	questionnaire
Social	AND	Cohesion	AND	digital	AND	survey*
Social	AND	Cohesion	AND	digital	AND	measure*
Social	AND	Cohesion	AND	digital	AND	instrument*

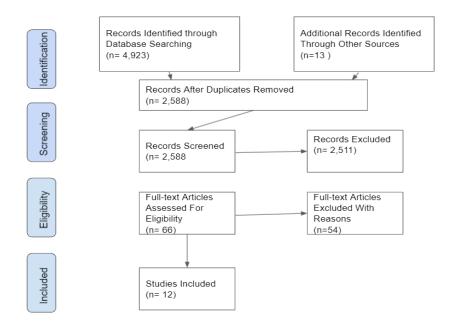
Table 1. Descriptors and their correspondent combinations used in the search builders.

Social	AND	Cohesion	AND	digital	AND	method*
Social	AND	Trust	AND	digital	AND	questionnaire
Social	AND	Trust	AND	digital	AND	survey*
Social	AND	Trust	AND	digital	AND	measure*

### **RESULTS AND FINDINGS**

We analyzed 12 full papers that met the inclusion criteria and cleared all the indicated screening phases of the review (FIGURE 1). In total, analyzed studies sampled N=31,993 individuals across five continents. 44.8% of the studies were conducted in North America, 24.1% in Europe, 13.7% in Australia, 24.1% in Asia, and 3.4% in Africa. All 12 studies were published between the years 2007 and 2021. The characteristics of the studies included in the present scoping review are presented by author; year of publication; source origin/country of origin; aims/purpose; study population and sample size; methodology; concept; how outcomes are measured; and key findings (TABLE 2).

Figure 1. Records included in identification, screening, eligibility, and inclusion stages of scoping review



Study	Authors	Year of Publica tion	Source origin/ country of origin	Aims/ purpose	Study population and sample size (if applicable)	Methodology (type of study design)	Description of the Questionnaire/Scale	Key findings
Positive and Negative Experience s on Social Media and Perceived Social Isolation.	Bowman,	2019	United States	To examine the association between positive and negative experiences on social media (SM) and perceived social isolation (PSI).	1178 students aged 18 to 30	Cross- sectional survey.	Social isolation was measured using the established Patient- Reported Outcomes Measures Information System scale. Online survey was administered to 1178 students. Survey asked students to estimate what percentage of their social media usage what positive or negative	Having positive experiences on social media is not associated with lower social isolation, whereas having negative experiences on social media is associated with higher social isolation.
Benefiting from social capital in online support groups: an empirical study of cancer patients.	Christophe r E Beaudoin, Chen- Chao Tao	2007	United States	To measure the effect of the online cancer patient environment on patient health outcomes	Cancer patients	Online survey	An online survey was conducted with 372 current cancer respondents. Questions related to interpersonal trust had four items with a Likert-style four-point scale from "strongly disagree" to "strongly agree"	positive cyber venue for

Table 2. Characteristics of studies included in this scoping review (N=12)

pandemic.		2020	Australia	1 2	and older)	online survey	0 ,	isolated
evolving	Bolsewicz,			psychosocial	adults (18 years	sectional	disagree). Two items	level of concern if self-
response to this	Katarzyna			explore the	1420 Australian	Cross-	agree; 1 for strongly	government, and higher
in response	David N Durrheim,			measures. To			options (5= strongly	higher trust in
	David N			engage with these mitigation			Likert response	distancing strategies,
s and behaviors	Susan Thomas,			capacity to			items were phrased as statements, with	higher levels of perceived ability to adopt social
perception				willingness and			(if infected). 8/10	effectiveness of behaviors,
public	Meru			pandemic, and			and impact on health	higher perceived rating of
Examining				the COVID-19			perceived risk level	government/authorities,
changing:	Julie			adults towards			pandemic, including	with trust in
is rapidly	Heywood,			Australian			about the COVID-19	behaviors was associated
COVID-19	Anita E			beliefs of			assess perceptions	Adopting avoidance
	Seale,			attitudes and			ten items were used to	
	Holly			To examine the			For the online survey,	
Use.	Gylfason	2020	Iceland	control	United Kingdom.	Mturk	"strongly disagree"	symptoms
Internet	Freyr			use and locus of	Italy, Spain, or the		"strongly agree" to 5	of control relates to greater
and	r, Haukur			role of internet	France, Germany,	through the	item scale from 1	Having an external locus
on Control	Thorisdotti			examine the	United States,	survey	statements on a five-	symptoms of depression.
of Locus	Ingibjorg E			stress, and to	residing in the	Online	Participants rated 20	capital relates to fewer
The Role	ottir,			anxiety, and	of 18+ years		Scale (ISCS)	symptoms. Internet social
Health:	Sigurvinsd			depression,	1723 participants		Internet Social Capital	associated with more
on Mental	Rannveig			symptoms of			<b>1</b>	but information seeking is
COVID-19				greater				psychological symptoms,
Impact of				would relate to			removed.	Internet relates to fewer
The				exposure to COVID-19			correctly to them were	Experience using the
				whether			participants who failed to respond	
				To examine			used in the survey;	
				<b>.</b> .			checking items were	
							Two attention-	
							(MTurk)	
							Mechanical Turk	
							from Amazon	
							participants recruited	
							Online survey with	

	Kaur			demographic factors that are associated with adoption of recommended hygiene-related and avoidance- related behaviors.			participants' level of worry about current Covid-19 were used on the same Likert scale. Respondents were also asked to rate the perceived level of effectiveness of 13 items in reducing the risk from COVID-19 on the same five-point Likert scale.	
Designing and validating the friendship quality on social network sites questionna ire.	Karen Verswijvel, Wannes Heirman, Kris Hardies, Michel Walrave	2018	Belgium	To determine the quality of friendships on social network sites through the creation and validation of the Friendship Quality on Social Network Sites questionnaire (FQSNS- questionnaire)	1,695 friendships from 1,087 adolescents	In person survey completed in schools	The questionnaire aimed to assess friendship quality through the following five dimensions: satisfaction, companionship, help, intimacy, and self- validation. "The questionnaire consists of 40 items whereby children from elementary school have to indicate to what extent each of these dimensions of friendship quality applied to a particular friend: (1) validation and caring: the extent to which the friendship is characterized by caring, interest, and	The FQSNS-questionnaire was found to be an effective and reliable tool for future research on the quality of friendships formed through social network sites.

	support; (2) conflict	
	and betrayal: the level	
	to which the	
	friendship consists of	
	argument,	
	disagreement,	
	mistrust, and	
	annoyance; (3)	
	companionship and	
	recreation: the degree	
	to which friends spend	
	enjoyable time	
	together, in and out of	
	school; (4) help and	
	guidance: the level of	
	friends' effort to assist	
	each other with	
	challenging and	
	routine tasks; (5)	
	intimate exchange: the	
	degree to which the	
	friendship is	
	characterized by	
	disclosure of feelings	
	and personal	
	information; and (6)	
	conflict resolution: the	
	extent to which	
	disagreements are	
	resolved on an	
	efficient and fairly	
	matter"	

Is social media use for networkin g positive or negative? Offline social capital and Internet addiction as mediators for the relationshi p between social media use and mental health.	Phillp Glaser, James Liu, Moh Abdul Hakim, Roosevelt Vilar, Robert Zhang	2018	New Zealand	To test the augmentation and displacement hypothesis through a survey regarding people's social media use and mental health.	1157 New Zealanders	Online survey completed by Nielsen (media polling company based in the US)	The survey asked participants to respond to seven- point Likert-type scales (1=never7=all the time) for the following measures: Social media use for networking, anxiety, depression, offline social capital, internet addiction, and social media use for news.	It was concluded that when social networking is the only form of social capital a person has, that person is more likely to experience symptoms of anxiety and depression. Additionally, Likert scales may be an effective method of evaluating wellbeing in relation to social capital.
Social network sites, individual social capital and happiness.		2016	Netherla nds	To examine the effect of social networking site (SNS) use on the happiness of young adults.	1339 Dutch young adults (15-44 years of age)	Internet Studies for the Social Sciences"	Each category was measured based upon different survey questions: Happiness was measured on an 11-point scale, SNS use was measured by the average number of hours spent on SNS per week, social capital was measured by the quantity and quality of social contacts with family	The results provide evidence of a negative association between the number of hours spent on SNSs and happiness for individuals who have decreased social capital. This further suggests that the effect of SNS on an individual's well-being is strongly dependent on the person's social capital.

							and friends.	
The role of attachment style in building social capital from a social networkin g site: The interplay				To investigate the role of attachment style			Quota and non- random convenience sampling (target group= gender balanced, 19–25-year- old South Korean college students, 1 year of experience with facebook use) Bridging and bonding social capital was measured based upon previous research (five-item, seven-point Likert scale) Attachment style was measured using a method developed	Avoidant attachment was significant and negatively predictive of both bonding social and bridging social capital. Additionally, both bonding social capital and bridging social capital reported by respondents appeared to be greatest under conditions of low anxiety attachment coupled with low avoidant attachment. Levels of Facebook usage were
of anxiety				in creating			from the Adult	significant and
and	Lee, Doo		South	online social	368 Facebook	Online	Attachment	independently predictive
avoidance.	Young	2013	Korea	networks.	users	survey	Questionnaire	of bridging social capital.

							Convenience sample	
							was distributed in	
							class and via email to	
							undergraduate	
							students	
							students	
							66-item self-	
							administered survey	
							through Qualtrics	
							Independent	
							measures: Party ID	
							and strength of	
							partisanship (2 focus	
							questions from	
							previous research	
							study), political	
							participation (6 items	
							drawn from previous	
							study), intensity of	
							Facebook usage (2	
							self-reported	
Social ties							assessments from	
and							previous study),	Facebook use was found to
generalize							bonding social capital	have an indirect but
d trust,							(five-point Likert	positive influence on trust
online and							scale), and bridging	through levels of bonding
in person:							social capital (five-	social capital. Civic
Contact or							point Likert scale)	engagement was also
conflict –								positively related to trust
The				To understand			Dependent measures:	through the same measure
mediating				the role and			civil engagement (8-	of bonding social capital,
role of				impact of online			point Likert scale	allowing like-minded
bonding	D 1.11			and in-person			drawn from previous	members of civic groups to
social	Bouchillon			social networks		Outing	studies), and	connect, which contributed
capital in	, Brandon	2014	Com 1	and trust in	( 000)	Online	generalized trust	to trust.
America.	C.	2014	Canada	America.	(n = 888)	Survey	(Faith in People scale).	

							Voluntary online	
							survey was used for data collection	
							All constructs were measured along a five-	
							point Likert scale	
							(designed from previous research	
							papers and studies)	
							The second all large	
Performan							The variables measured were	
ce							relational capital,	
consequen							structural capital,	
ces							cognitive capital,	The results indicate that
of social					253 participants		exchange and	cognitive and structural
capital in					Male		combination,	capital facilitate exchange
online					Female		absorptive capacity,	and combination behaviors
communiti					Age Group:	<b>F</b>	individual	in online communities, but
es: The roles of					Adulthood (18 yrs & older)	Study;	performance, and community	relational capital does not. Exchange and combination
exchange				To investigate	Young Adulthood		performance. The	behaviors facilitate the
and			Little	associations	(18-29 yrs)	1 Model;	variables were	performance of individuals
combinatio	Sabherwal.		Rock,	between social	Thirties (30-39	Qualitative	assessed on a scale	as well as the online
n, and	Rajiv and		Arizona,	capital and	yrs)	Study;	designed from	community, and a higher
absorptive			United	-	Middle Age (40-64		previous research	level of absorptive capacity
capacity.	Richard	2018	States	behaviors.	yrs)	Study	studies.	enhances these effects.

The developme pt of a					Focus group	Questionnair	The structure of the questionnaire consisted of the following assessments: socialization in the workplace (five items); membership in community activities (16 items); participation in community activities (five items); contact with similar/different people (7 items); assistance (17 items); trust of institutions, corporations, and other people (14 items); and trust of intimate people (3 items). To measure the validity of the questionnaire, focus groups were used to analyze themes of the questionnaire items. Changes were made to the questionnaire	
The							analyze themes of the	
developme						Questionnair	1	
nt of a					Focus group	e content	the questionnaire	
bridging					included 17	validity	based on difficulty,	
social				To develop and	participants, while	assessed through	redundancy, length, and semantics. The	It was determined that the
capital questionna				assess the	psychometric	qualitative	questionnaire's	questionnaire had good content validity. The
-	E.			validity of a	analysis included	focus group	psychometric	questionnaire may be
in	Villalonga-				138 participants.		properties were tested	suitable for further
population				measure	Participants were	quantitative	for internal	refinement and adaptation
health	Adams, I.		United	bridging social	Latino	1 2	consistency and	to other immigrant groups
research	Kawachi	2016	States	capital.	immigrants.	analysis.	construct validity for	in different countries.

							each subscale.	
On and off the 'Net: Scales for Social Capital in an Online Era	Dmitri Williams	2006	United States	To develop and assess a scale measuring online and offline bridging and bonding social capital.	884 adults	analysis of	The assessment consisted of two parallel scales, for online and offline use. Each has a subscale for bridging and bonding measures, (which resulted in four subscales). Each subscale consisted of ten question items which used a five- point Likert scale response ranging from 10 to 50.	Question items were found to be valid and psychometrically sound

#### DISCUSSION

This scoping review aimed to answer the following research question: What are the current existing instruments (questionnaires, surveys, measurement instruments) to measure social capital AND/OR cohesion AND/OR trust generated by online connections/interactions among people? After applying the inclusion criteria to the search results, the remaining studies (N=12) were analyzed and qualitatively grouped into three thematic categories: Measuring Online Social Capital Using Online Questionnaires, Measuring Social Capital Using Online Likert-scale Surveys, and Studies Developing and Assessing Scales to Measure Social Capital. 100% of the analyzed studies were published between the years of 2006 and 2020; 41.7% were conducted in the USA, 8.3% in Australia, 8.3% in Belgium, 8.3% in Canada, 8.3% in Iceland, 8.3% in the Netherlands, 8.3% in New Zealand, and 8.3% in South Korea.

Because studies validating existing instruments to measure online social capital are scarce, the research methods of studies quantifying online social capital were analyzed to examine the extant scales and surveys currently used in this area of research. These studies are examined in the first two categories of the discussion. It was found that Likert scales delivered using online surveys were the most prominent method for measuring online social capital, although no standardized scales or question items appeared in these studies. The final section of the discussion assesses those studies which developed and evaluated instruments to measure social capital. While these studies offer validated scales to quantify social capital, not every scale is designed to measure *online* social capital. Additionally, some questionnaires are intended to be conducted in-person rather than in an online format, while others are intended only for specific groups and cannot be used for the general population. A 2006 study analyzing a survey to measure both online and offline social capital was found to be the most relevant study to the research question (Williams 2006).

### MEASURING ONLINE SOCIAL CAPITAL USING ONLINE QUESTIONNAIRES

In examining the current tools available to measure online social capital, the instruments of studies evaluating online social capital and proxy variables were evaluated. The study "Positive and Negative Experiences on Social Media and Perceived Social Isolation," which aimed to assess the relationship between social media experiences and social capital, quantified these measurements using an online survey (Primack et al., 2019). The survey prompted the participants to describe their experience with social media, which was then categorized into "positive" or "negative" experiences. Additionally, the Patient-Reported Outcomes Measures Information System scale, which assesses a variety of self-reported patient health outcomes, was specifically utilized to measure social isolation. Finally, regression models were used to determine the relationship between positive and negative experience on social media and social isolation. Similarly, the study "Social Network Sites, Individual Social Capital, and Happiness" analyzes the relationship between social network sites and social capital by implementing the Dutch Longitudinal Internet Studies for the Social Sciences (LISS) panel for the years 2012-2013 (Arampatzi et al., 2018). The LISS online survey prompted individuals to report on several aspects of their life, including happiness, internet use, and individual social capital. The respondent's online activity was measured by reporting the average number of hours spent per week on social media. Next, individual social capital was measured by the quantity and quality of social contacts with friends and family members. The quantity (frequency) of contacts was measured using the following two questions: "How often do you spend an evening with family?; How often do you spend an evening with friends?" For each of those question items, possible responses included "almost every day"; "once or twice per week"; "a few times per month"; "about once per month"; "a number of times per year"; "about once per year"; "never"; "don't know"; or "not applicable". Other variables included subjective measures of satisfaction with contacts. Satisfaction with contacts was measured with the question "How satisfied are you with your social contacts?" with answers ranging from 1-10, with 1 indicating not satisfied and 10 indicating very satisfied. Although these studies did not aim to assess or validate the methods or instruments utilized, they indicate that online social capital is often quantified through responses to subjective questions implemented through online questionnaires. They also indicate that standardized scales used to measure general health outcomes (such as the Patient-Reported Outcomes Measures Information System or Longitudinal Internet Studies for the Social Sciences) may be adopted to measure social capital.

### MEASURING ONLINE SOCIAL CAPITAL USING ONLINE LIKERT-SCALE SURVEYS

Throughout the review of the existing literature, it was found that instruments used to measure social capital were consistently formatted as online surveys featuring items on Likert-type scales. The study "Benefiting from Social Capital in Online Support Groups: An Empirical Study of Cancer Patients" aimed to measure the effects of the online cancer patient environment/online social capital on patient health outcomes (Beaudoin & Tao, 2007). This analysis measured this form of social capital through an internet survey. Questions related to interpersonal trust, interpersonal support, and coping were evaluated through four items with a Likert-style four-point scale from "strongly disagree" to "strongly agree." Question items measuring stress and depression variables prompted participants to respond on a fivepoint scale from "never" to "very often." Likewise, the study "The Impact of COVID-19 on Mental Health: The Role of Locus on Control and Internet Use" examined the role of online social capital on symptoms of depression, anxiety, and stress, during COVID-19 (Sigurvinsdottir et al., 2020). Online social capital was measured using the ISCS (Internet Social Capital Scale). Participants rated 20 statements from this scale on a five-item scale from "strongly disagree" to "strongly agree," using a Likert-type format as previously described. Similarly, an Australian study which aimed to measure levels of social capital and trust among Australian adults during the pandemic implemented a similar online survey (Seale et al., 2020). This questionnaire included ten items which were phrased as statements with Likert-formatted response options (1 indicating strongly disagree and five indicating strongly agree). Additionally, respondents were asked to rate the perceived level of effectiveness of thirteen items in reducing the risk from COVID-19 on the same five-point Likert scale. Another comparable study design was utilized in an analysis of online social capital and mental health (Glaser et al., 2018). This study utilized an online survey that prompted participants to respond to question items assessing individuals' social media use for the purpose of networking and news. Items also included questions related to anxiety, depression, offline social interactions, and internet addiction. Response options were formatted on a seven-point Likert response (1 indicating never, 7 indicating all the time). Utilizing a similar scale, a 2013 article investigated the role of attachment style in creating online social networks (Lee, 2013). Analogous to the previous studies, bridging and bonding social capital were measured using a five-item online survey, with a seven-point Likert response scale. Additionally, Bouchillon (2014) examined the relationship between online social networks and levels of trust, discriminating between bridging and bonding social capital. Like the previous articles, the study design featured an online survey with 66 items on a fivepoint Likert response scale. Finally, an article investigating associations between social capital and online exchange behaviors likewise measured variables relating to social capital through an online survey with a five-point Likert scale response format (Sabherwal, 2018). Overall, these studies indicate that although there does not appear to exist a standard survey scale to measure online social capital and related variables, these can be effectively quantified using online surveys with Likert-style responses.

#### DEVELOPING AND ASSESSING SCALES TO MEASURE SOCIAL CAPITAL

After implementing the search strategy, three articles detailed the development and validation of scales to measure social capital. These scales included both online and in-person assessments, all of which were found to be reliable and valid by their respective analyses. However, the search results reflected a lack of standardized online scales to measure both bridging and bonding social capital in a virtual environment. For example, a 2018 study detailed the development and validation of the Friendship Quality on Social Network Sites Questionnaire (FQSNS), an in-person survey intended to measure the quality of online friendships of school-aged children (Verswijvel et al., 2018). Developed from previous scales used to quantify children and adolescents' perceptions of the quality of their friendships, the questionnaire assessed five dimensions of friendship, identified as "satisfaction, companionship, help, intimacy, and self-validation." Participants indicated the extent to which each of these dimensions applied to a specific online friend by responding to 16 survey items. Respondents used a five-point Likert scale rating (1 indicating "totally disagree" and five indicating "totally agree"). Although the validation and reliability tests found the FQSNS to be an accurate instrument to measure the dimensions of online friendships and

the perceived quality of those dimensions, it did not specifically address aspects of bridging and bonding relationships. Additionally, the survey was not designed for online administration, nor was the questionnaire adjusted for an adult population, further demonstrating lack of existing scales to measure online bridging and bonding social capital. Aiming to address this gap, the article "the development of a Bridging Social Capital Questionnaire for use in Population Health Research" outlined the development and validation of a scale to measure the bridging social capital among the Latino immigrant population (Villalonga-Olives et al., 2016). The questionnaire assesses the dimensions of socialization in the workplace; membership in community activities; participation in community activities; contact with similar/different people; assistance; trust of institutions, corporations, and other people; and trust of intimate people. In total, the survey consisted of 67 items with higher scores indicating greater social capital. The questionnaire's content validity was assessed through focus group feedback and psychometric analysis, with the study finding that the scale was valid and reliable. While this instrument was implemented to assess the social capital of immigrant communities, with the first, third and fourth dimensions specifically addressing bridging social capital, it was not specifically adopted for the assessment of online relationships. This once more reflects the lack of instruments to measure online bridging and bonding social capital, especially in the general population. Finally, the 2006 study "On and off the 'Net: Scales for Social Capital in an Online Era" offers the Internet Social Capital Scale, which measures bridging and bonding social capital, both online and offline (Williams, 2006). The assessment consists of two analogous scales for online and offline social capital, respectively. Additionally, each scale features subscale to measure bridging and bonding dimensions, respectively. These subscales include ten items using a five-point Likert scale response. Evaluation of the scale found the question items to be valid and psychometrically sound. This questionnaire offered the measurements most relevant to the assessment of online bridging and bonding social capital.

#### CONCLUSIONS

After conducting the scoping review according to the outlined strategy, most of the articles which fit the inclusion criteria did not offer ample evaluations of the existing methods to measure online social capital. Rather, only three studies analyzed and validated scales to assess online social capital. In reviewing the research methods of the studies which quantifiably measured social capital, it was found that Likert scales delivered through online surveys were the most prominent method. However, no standardized scales or question items appeared in the articles, with many studies adopting general patient outcome scales for the purpose of measuring social capital. In reviewing the studies which detail the development and validation of scales to measure social capital, it was found that questionnaires were also the most common instrument. However, not every scale featured in the included studies specifically measured online social capital, while others were designed for specific populations. Additionally, some tools were exclusively designed for in-person implementation, which may present a challenge for researchers studying online social capital during periods of mandated social distancing. Therefore, there is an apparent lack of standardized measurements to quantify online social capital among the general adult population. Finally, a 2006 study analyzing surveys to measure both online and offline social capital, respectively, was found to be the most relevant study to the research question (Williams, 2006). The article's online social capital survey may be adopted in future research regarding this topic, as the scale is applicable to the general population. As a consequence of the COVID-19 pandemic, individuals are increasingly relying on the internet for social connection, which can have important implications for population health. Thus, the findings of this literature scoping review indicate the urgent need for the development and evaluation of comprehensive online social capital assessment tools.

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